

**APRIL
2020**

MICHIANA RESOURCES

SUPPORT DURING COVID-19 PANDEMIC



CORONAVIRUS WHAT DO I DO?

*Stay Home
Keep washing your hands
If symptoms present call
the hotline first
574-335-8560*

REACH OUT

Taking care of your mental health is important during times of distance. If you find yourself struggling with anxiety and sadness, please reach out! If you have access to your employer sponsored Employee Assistance Program EAP, use it! It is confidential and provides a variety of resources including financial, parenting and care taking support.

Contact your primary care physician if you/family member needs additional help.

Additional Resources:

- United Way 211
- www.samhsa.gov
- www.mhamichiana.org
- BetterHelp.com

COMMUNITY RESOURCES

You may find yourself in a situation of lost employment due to results of the pandemic. You may have needs to support daily living, which will require additional resources. This can be a new experience and navigating the services needed to survive this time can be overwhelming. Provided here is a reference, not an exhaustive list, of what our community can provide. The hotline 574-335-8560, provides triage for testing locations and also provides choice 3 in the prompt, which connects you to a Community Health Navigator who can help guide you during this time. The United Way provides extensive resources for our region. Please access this by dialing 211 or checking their website at <http://211.org/services/covid19>.

EMPLOYMENT RESOURCES

- Indiana unemployment filing
 - <https://www.in.gov/dwd/2362.htm>
- Families First Coronavirus Act Benefits
 - <https://www.dol.gov/agencies/whd/pandemic>
- WorkOne of Northern Indiana
 - <https://www.gotoworkone.com/>

INSURANCE RESOURCES

- Contact your employer HR Department for specifics on duration of benefits, pay & COBRA
- Saint Joseph Health System Health Insurance Services
 - Individual/Family insurance products
 - Call to schedule an appointment 1-855-887-5633
- Covering Kids & Families
 - Leave name & number 574-314-5430

FINANCIAL RESOURCES

- **Baugo Township Trustee**
57955 County Rd. 3 * Elkhart IN 46517
574-293-5873 * M & F 9am-2pm/W 12-4pm
- **Centre Township Trustee**
19971 Kern Rd. * South Bend IN 46614
574-291-776 * LVM for appointment
- **Church Community Services**
907 Oakland Ave. * Elkhart IN 46516
574-295-3673 * M & Th 9 - 11:45 am/1 pm - 3:45 pm
- **Clay Township Trustee**
18355 Auten Rd. * South Bend IN 46637
574-272-0955 * M 9am-1pm/Tues 12-4pm/W-F 9am-1pm
- **Cleveland Township Trustee - Elkhart Co.**
29990 Old U.S. 20 * Elkhart IN 46514
574-343-2548 * M, W, F 8 am - 4 pm * Application online
- **German Township Trustee**
51755 Portage Rd. * South Bend IN 46628
574-272-9020 * M, W, F 1:30-3:30pm * Call appointment
- **Greene Township Trustee**
61500 Poppy Rd. * South Bend IN 46614
574-289-9942 * Call for appointment
- **Harris Township Trustee**
13981 IN State Rd. 23 * Granger IN 46530
574-272-2371 * Call for appointment
- **Liberty Township Trustee**
300 South Main Street * North Liberty IN 46554
574-656-4587 * T & Th 9am-noon/1pm-4pm
- **Little Flower Catholic Church**
54191 North Ironwood Rd. * South Bend IN 46635
574-243-3437 * Walk in Financial/Food Assistance
- **Madison Township Trustee**
15267 Madison Rd. * Mishawaka IN 46544
574-850-0302 * M - Sa 8 am - 5 pm
- **Penn Township Trustee**
210 East Russ St. * Mishawaka IN 46545
574-256-6213 * M - Th 8 am - 3:30 pm/F 8 am - 12 pm
- **Portage Township Trustee**
133 North Williams St. * South Bend IN 46601
574-233-2126 * Walk in/First come,First served
- **Salvation Army of Elkhart**
300 North Main St. * Elkhart IN 46516
574-970-0088 * M, T, Th, F 9 -11;30 am/1-2 pm
- **St.Vincent de Paul**
520 Crescent Ave, * South Bend IN 46617
574-234-6000 * Denial from trustee required
- **Union Township Trustee**
507 N Michigan St. * Lakeville IN 46536
574-784-3110 * T 9 am - 12 pm/1 - 4 pm & Th 12 - 6 pm
- **Warren Township Trustee**
59330 Crumstown Hwy. * North Liberty IN 46554
574-288-8702 * LVM for appointment

To access the most up to date information for our area or learn more about Telehealth options visit www.sjmed.com/covid19

FOOD RESOURCES

- Catholic Charities - www.ccfwsb.org
- Food Bank of Northern IN feedindiana.org
- Hope Ministries - hopesb.org
- La Casa de Amistad - lacasadeamistad.org
- Michiana Five - michianafiveforthehomeless.org
- Sister Maura Brannick Health Center - www.sjmed.com
- St. Margaret's House - stmargaretshouse.org

CHILD CARE

- Apple Tree Learning Center
574-291-3333- Tammy
- East Bank Learning Center
269-214-1900 - Melody
- Growing Kids Learning Center Michigan St.
574-970-7500-Jessica